

MICHIGAN XTREME



2011 'HYPE'!

*Come check out Michigan Xtreme Cheer's
Half-Year Performance and Education program!
Practices are Sundays, 6-8pm and Tuesdays, 6-7:30pm*

Registration is open now!

**Premier Athletics - 9229 General Drive - Plymouth-Canton, MI 48170
mixcheer@premierathletics.com - 734.737.0560 - www.mixcheer.com**



***MIX's HYPE program is perfect for a
beginner cheerleader, and also gives kids
with more advanced skill the opportunity
to excel and learn from MIX's safety-certified coaches!***



MICHIGAN XTREME CHEER AND DANCE'S HYPE PROGRAM

What is the HYPE all about?

HYPE stands for "Half-Year Performance and Education" and is a cheer program designed to meet the needs of both new and experienced athletes. HYPE is perfect for kids ages 5-14 that wish to participate in a cheer program that focuses on dance, tumbling, and stunting, and it also provides an exciting avenue in which to compete. Athletes in the HYPE Cheer Program will enjoy lighter time and financial commitments than traditional full-season travel competitive cheer programs, yet get the same great experience. HYPE is great for the new cheerleader and also for the athlete just finishing up a sideline cheer program.

Why Choose Michigan Xtreme Cheer and Dance?

When you choose Michigan Xtreme's HYPE program, you can feel confident you have chosen the best program in the area for your child. All of our coaches are *United States All-Star Federation* certified, and *American Association of Cheerleading Coaches and Administrators* safety-certified, trained in CPR, and continually participate in training workshops to continue our tradition of excellence. Our coaching philosophy does not just focus on where we place at competitions; our lesson plans revolve around teaching safe and proper technique in stunts and skills, fostering teamwork among the cheerleaders, and encouraging a safe, fun, educational environment for everyone.

Our HYPE program is all about the Cheerleaders!

Athletes will be placed on teams of similar age/skill level to ensure safety, proper progressions, and continuous learning and advancement. This program is perfect for a group of cheerleaders with a varying level of skill as each cheerleader is given individual attention based on her needs. Cheerleaders are able to excel at their own pace and will receive the best coaching possible by experienced, dedicated staff.

More info...

HYPE team locations are available in Plymouth Township, Hartland, Farmington Hills, and Lansing, MI. We offer modern, spacious, and clean facilities through our host gyms. No outdoor or cramped facilities! Athletes enrolled in our cheer program at Michigan Xtreme also enjoy special discounts for other tumbling lessons and classes.

Michigan Xtreme's HYPE Program is directed by Lisa Hemmie. She can be reached by email at lhemmie@premierathletics.com, at (734) 652-6989, or at our Michigan Xtreme Headquarters at (734) 737-0560.